



# PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA  
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## ST MARK

WITH HOLY FAMILY BRANTHAM

St Mark's Parish House, T 01473 684963  
180 Hawthorn Drive, E [luke.goymour@rcdea.org.uk](mailto:luke.goymour@rcdea.org.uk)  
Ipswich, Suffolk W [stmarksparish.org.uk](http://stmarksparish.org.uk)  
IP2 0QQ

The parish of St Mark includes St Mark's church in Ipswich and the church of the Holy Family in Brantham (CO11 1TB)

**Parish Priest:**  
Fr Luke Goymour

**Parish School:**  
St Mark's School  
**Headteacher:**  
Dr Michael Keller

**Parish Secretary:**  
Mrs Pat West available  
Tuesday 11 am – 1 pm  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)

**Local Safeguarding Rep:**  
[lsrc@stmarksparish.org.uk](mailto:lsrc@stmarksparish.org.uk)

**Eucharistic Adoration:**  
**(Stations of Cross in Lent)**  
St Mark's  
Friday 11:40 – 12:10

Holy Family  
Tuesday 9:20 – 9:50

**Prayer Group:**  
Mondays 7:00 – 8:30pm  
Praise, Worship  
scripture & reflection

**Confession**  
St Mark: 5pm Saturday  
and by appointment

**Children's Liturgy:**  
11 am 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>  
Sundays of each month

**Evening Praise and Worship** – 2<sup>nd</sup> Sunday of  
Each month at 6:30 pm



## ST MARY MAGDALEN

The Presbytery, T 01473 741975  
468 Norwich Road, M 07414 735102 (txt only)  
Ipswich, Suffolk W [marymagdalens.org](http://marymagdalens.org)  
IP1 6JS [@marymagdalens](https://www.facebook.com/marymagdalens)  
E [parishpriest@marymagdalens.org](mailto:parishpriest@marymagdalens.org)

**Parish administrator:**  
Fr Luke Goymour

**Assistant Priest:**  
Fr Paul Chanh  
E [paulchanh@gmail.com](mailto:paulchanh@gmail.com)

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of Divine  
Mercy and Benediction

**Parish School:**  
St Pancras Catholic Primary  
Stratford Road  
Ipswich  
IP1 6EF  
T 01473 742074

**Headteacher:**  
Mrs Lucille Martin

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of  
Divine Mercy and  
Benediction

**Offerings:**  
Please consider setting up  
a standing order in favour  
of the parish instead of a  
weekly cash offering. If  
you can Gift Aid your  
donation, please complete  
a form which you can find  
in the church [porch].

**Bank:**  
Account name: St Mary  
Magdalen Roman  
Catholic Parish  
Sort Code: 20-44-51  
A/c Number: 70777323

**Catholic Chaplain to the Ipswich Hospital:** Awaiting new appointment. If you or a family member are going into hospital, please advise either Fr Paul or Fr Luke.

**4<sup>th</sup> Sunday of Lent, *Laetare* Sunday Year B – Sunday 10th March 2024**

# News for St Mark's Catholic Parish

<b>Responsorial Psalm – O let my tongue cleave to my mouth if I remember you not</b> <p style="text-align: right;">4th WEEK OF LENT – Year B</p>	
<b>MASS &amp; PRAYER TIMES:</b>	
<b>SATURDAY 9/3/24</b>	<b>17:30 St Mark's Vigil Mass</b> <b>Fourth Sunday of Lent – Laetare Sunday</b> Offered For: The People of the Parish
<b>SUNDAY 10/3/24</b>	<b>09:00 Holy Family</b> <b>Fourth Sunday of Lent</b> Offered For: David Hennessy RIP <b>11:00 St Mark's</b> Offered For: Fr. Bernadino Andrate RIP <b>18:30 Second Sunday Praise</b>
<b>TUESDAY 12/3/24</b>	<b>NO MASS - at Holy Family</b> <b>Lent Feria</b> <b>10:30 am St. Mary Magdalens</b> Funeral Mass for Sheila Curry RIP
<b>WEDNESDAY 13/3/24</b>	<b>9:30 am St. Mark's</b> <b>Lent Feria</b> Offered for: Fr. George Ranahan
<b>THURSDAY 14/3/24</b>	<b>NO MASS at St. Mark's</b> <b>Lent Feria</b> 10:00 at St. Mary Magdalens
<b>FRIDAY 15/3/24</b>	<b>12:15 pm St. Mark's</b> <b>Lent Feria</b> Offered for: Michael Galloway RIP
<b>SATURDAY 16/3/24</b>	<b>17:30 St Mark's Vigil Mass</b> <b>Fifth Sunday of Lent</b> Offered For: Maureen Kelway RIP
<b>SUNDAY 17/3/24</b>	<b>09:00 Holy Family</b> <b>Fifth Sunday of Lent</b> Offered For: The People of the Parish <b>11:00 St Mark's</b> Offered For: Bishop Alan for his 80 <sup>th</sup> Birthday

**Sunday Homilies**  
can be listened to again at:  
<https://anchor.fm/fr-luke-goymour> And on all major  
**Podcast platforms** just  
search:  
**Fr Luke's Homilies**

**DONATIONS**  
**Of Easter Eggs, Bottles  
and Chocolate needed  
for the Easter Prize  
Draw**

**Next Sunday: A  
second Collection for  
Easter Flowers at all  
Masses**

**Second Sundays Tonight! 6:30 pm All welcome**

**Tea and Coffee afterwards**



**Medjugorje 2024** – The pilgrimage to Medjugorje this year is from 19<sup>th</sup> September to 26<sup>th</sup> September. The details are as the successful pilgrimage last year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on [chrismceweneb@gmail.com](mailto:chrismceweneb@gmail.com) or 07967 568852

**FIND, thanks us for our continuing generosity** - Their current needs are crisps, squash, tinned potatoes, fruit, steak, mince, peas, carrots, and rice pudding. Also Pasta sauce

**Please collect used postage stamps for our local hospice ALL YEAR**, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice.

**100 CLUB** - Raises funds for the Parish and holds a monthly prize draw. Pick up an application form to join or take a further number at the back of the church or contact Graeme Forsyth at [mgforsyth@outlook.com](mailto:mgforsyth@outlook.com) or on 01206 399049. For further information visit the Parish Website or scan the QR code here



**Repository** - Cards for Mother's Day, St Patrick's Day and Easter are now available. Please put the money for them in the red box beside the repository.

**Saturday 16th March - St Patrick's lunch** - noon for 1pm start at The Belstead Arms Radcliffe Drive, Ipswich IP2 9QU. Free parking. Minted Lamb Shanks or Hunters Chicken, Colcannon, Carrots & Peas, Vegetarian option, Cheesecake or Apple Crumble. Cost £16 for 2 course meal, £6 deposit cash or cheque payable to St Mark's please, before 10th March. Maximum 25 people. So, book early. Drinks to be paid for separately at the bar. Deposit to be handed to Brian at the end of Mass on Saturdays, Sheila/Sharon on Sundays, or Viv/Carmel at Holy Family please. There is a list at the back of church to add your name and meal and dessert orders, amount paid and contact number please. Volunteers to share Irish history and traditional songbirds welcome!

**The Social & Fundraising Committee** – are asking for donations for the Easter raffle. They would like alcohol and adult chocolates/Easter eggs. Also small chocolate Easter eggs and kids gifts for a children's raffle.

**WOULD YOU LIKE TO BE A YOUTH MINISTRY LEADER IN THE LAKE DISTRICT?** - Castlerigg Manor (Diocese of Lancaster Retreat Centre) are looking for a Programme Leader to join their youth ministry team. Would suit somebody with youth ministry experience perhaps recently graduated. Interested – [jack@castleriggmanor.co.uk](mailto:jack@castleriggmanor.co.uk)

**Living Stones Prayer Group:** is now meeting every Monday at St Mark's from 7.00 - 8.30pm. Come and join us for praise & worship, Adoration, testimony, teaching, sharing of scripture and reflection. During Lent we will be praying the gospel using *Lectio Divina*.

**On Saturday 23<sup>rd</sup> March, the Vigil of Palm Sunday** - please pray and fast for the end of abortion in this Country. Through God's grace we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support. [www.GoodCounselNetwork.com](http://www.GoodCounselNetwork.com)

**St Mary's Parish has managed to book a coach for the Chrism Mass on Tuesday 26th March.** It is a 49 seater coach and seats will be allocated on a first come first served basis. We ask that people make a contribution of £15 per head to be paid on the day. Parishioners interested, please contact Fr Jude directly, preferably by email. The coach will leave St. Mary's car park at 8am in the morning. Return time leaving Norwich is flexible, but probably around 2pm. Email Fr Jude at [jude.belnas@rcdea.org.uk](mailto:jude.belnas@rcdea.org.uk)

## News for St Mary Magdalen Catholic Parish

<b>The Fourth Sunday of Lent: Lætare Sunday – 10<sup>th</sup> March 2024: Sunday Readings: Liturgical Year B</b>		
<b>Services during the coming week – Fourth Week of Lent, Year II</b>		
Saturday 9 <sup>th</sup> March	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Fourth Sunday of Lent, offered the people of the parish. Reader: R Cork, Offertory: Cork Family
Sunday 10 <sup>th</sup> March	8:00 am	Holy Mass offered for The repose of the soul of Leslie Robinson RIP (Foundation Mass). Reader A Smith, Eucharistic Minister: E Cleary.
	10:00 am	Holy Mass. Reader: A James, Offertory: Fox Family, Eucharistic Minister: R Shorten.
<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass, this week served by Molly &amp; Julie</i>		
Monday 11 <sup>th</sup> March	Lent Feria	
	<b>No Mass Today</b>	
Tuesday 12 <sup>th</sup> March	Lent Feria	
	10:30 am	Requiem Mass for Sheila Curry RIP
Wednesday 13 <sup>th</sup> March	Lent Feria.	
	12 noon	Holy Mass offered for the repose of the soul of Charles Vieira RIP
Thursday 14 <sup>th</sup> March	Lent Feria	
	10:00 am	Holy Mass offered for the repose of the soul of Noel Andrews RIP
Friday 15 <sup>th</sup> March	St Felix	
	10:00 am	Holy Mass offered for the repose of the soul of Albertina Vieira RIP followed by Stations of the Cross.
Saturday 16 <sup>th</sup> March	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Fifth Sunday of Lent, offered for the people of the parish.

**Today's Gospel:** Today's Gospel reading is taken from John's Gospel. It consists of two parts. The first part is the final sentence of Jesus' reply to Nicodemus, the Pharisee who approached Jesus at night. Nicodemus acknowledged Jesus as someone who had come from God and seemed to want to be a follower of Jesus. Jesus greeted Nicodemus with the observation that one must be born from above to see the Kingdom of God. The dialogue between Jesus and Nicodemus that followed was about the meaning of this phrase. Nicodemus misunderstood Jesus at every point, but there was no animosity in the questions he posed to Jesus. In the part of the conversation with Nicodemus in today's Gospel, Jesus referred to an incident reported in the Old Testament. When the Israelites grumbled against the Lord during their sojourn in the desert, God sent venomous serpents to punish them for their complaints. The Israelites repented and asked Moses to pray for them. The Lord heard Moses' prayer and instructed him to make a bronze serpent and mount it on a pole. All who had been bitten by a serpent and then looked upon the bronze serpent were cured. By recalling this story, Jesus alludes to the salvation that would be accomplished through his death and Resurrection. The second part of today's Gospel is a theological reflection on Jesus' words to Nicodemus. The Gospel of John is known for this kind of reflection offered within the narrative. The words of the Evangelist are in continuity with the words of the prologue to John's Gospel. In these reflections, John elaborates on a number of themes that are found in his Gospel: light and darkness, belief and unbelief, good and evil, salvation and condemnation. In John's reflection, we find an observation about human sinfulness. Jesus is the light that has come into the world, but people preferred the darkness. We wish to keep our sins hidden, even from God. Jesus has come into the world to reveal our sins so

that they may be forgiven. This is the Good News; it is the reason for our rejoicing in this season of Lent and throughout our lives. *Courtesy Loyola Press*

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**Lætare Sunday:** Today is the fourth, or middle, Sunday of Lent, called *Lætare* Sunday from the first words of the Introit at Mass, "Lætare Jerusalem" - "Rejoice, O Jerusalem". Strictly speaking, the Thursday before *Lætare* Sunday is the middle day of Lent, and it was at one time observed as such, but afterwards the special signs of joy permitted on this day, intended to encourage the faithful in their course through the season of penance, were transferred to the following Sunday. On this Sunday the priest wears rose coloured vestments instead of the normal purple worn at other times during Lent.

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**Mothering Sunday:** Mothering Sunday is a holiday celebrated by Catholic and Protestant Christians in some parts of Europe. It falls on the fourth Sunday in Lent, exactly three weeks before Easter. During the 16<sup>th</sup> century, people returned to their mother church for a service to be held on *Lætare* Sunday; in this context, one's 'mother church' was either the church where you were baptised, the local parish church, or the nearest cathedral. Anyone who did this was commonly said to have gone "a-mothering". Today, the secular celebration of Mother's Day has come to represent a day when children honour the mother of the family, by presenting gifts and cards in recognition of the service and sacrifice made by their mothers in raising their children. Today we pray especially for all mothers.

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**Gift Aid:** Would all those parishioners who normally make their weekly offering using Gift Aid envelopes please note that their new 2024/25 envelopes are now available for collection from the Narthex. If you can't find your envelopes in the box please write your name on the sheet provided for this purpose and they will be made available to you next week. If anyone who has already signed up to giving by Gift Aid has changed their address during the last year, or did not pay sufficient income or capital gains tax to cover the tax reclaimable on their offerings, then please notify either Fr. Luke, Fr. Paul or Chris Croker (Gift Aid Co-ordinator).

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**Sheila Curry RIP:** Sheila Curry, one of the last few remaining parish founding family members, passed away Saturday 10<sup>th</sup> February in the Ipswich Hospital, having only recently celebrated her 97<sup>th</sup> birthday. Please remember Sheila in your prayers, and pray also for the comfort of her family and friends who mourn her passing. There will be a Requiem Mass for Sheila on Tuesday at 10:30 am.

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**Chrism Mass:** The Chrism Mass, one of the main Diocesan events of the year, will be celebrated by Bishop Peter in the Cathedral of St John, Norwich on Tuesday 26<sup>th</sup> March at 11:30. At this Mass the oils for the Sacraments are blessed, and priests, deacons and people of the Diocese renew their commitment to serve. A coach will be travelling from St Mary's church, Woodbridge Road, departing at 9:00 am and this is open to members of all Ipswich parishes. There will be a fare of £15 return for the coach and if you would like to sign up, please contact the parish secretary at St Mary's by email using [secretary@st-mary.org.uk](mailto:secretary@st-mary.org.uk)


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**Why Should I Be Chosen?** The political context of Jesus' life and ministry is evident in this production as Jesus lived and ministered during a time of imperial occupation and *The Chosen* conveys the political significance of Israel's subjugation to the mighty Roman Empire. You also see the power-play between the Pharisees and a religious establishment determined to stamp out challenges to their authority. *The Chosen* helps you understand the controversy created by Jesus' actions and his claims. In displaying his humanity, it does not downplay Jesus' supernatural power and his claims to be the Messiah. But this is deeply controversial because Jesus of Nazareth was not the Messiah anyone was expecting - to many he was a deluded and dangerous blasphemer who should be condemned and silenced. *The Chosen* is coming to St Mary Magdalen church soon!

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**First Holy Communion 2024:** The instruction classes for this year's First Holy Communion candidates continues, with the next class, the fifth in the programme, on Friday 15<sup>th</sup> March at St Mark's church, Hawthorne Drive, starting at 6:00 pm, and Saturday 16<sup>th</sup> March when the class will be held at St Mary Magdalen church starting at 9:30 am. The full schedule of dates for the remaining classes can be found on the parish web site.

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**Parish 150 Club:** The February prize draw of the parish 150 Club was made last Sunday in the Garden Room after the 10:00 am Mass. Congratulations to the prize winners Mr & Mrs T Smith, Mrs A Prentice, Mr J Cleary and Mr R Hennon. Full details of the prize winners can be found on the notice board in the church porch and on the parish web site. As we approach the end of the Club's financial year 31<sup>st</sup> March, we are especially on the lookout for additional members. Some of our supporters have sadly passed away during the year, others have moved away from the parish and so there is plenty of room for new joiners just to make up the numbers. If you are not a member, why not sign up today and help support your parish. Application forms are available in the church porch or, you can sign up on-line on the parish web site – just scan the QR code. 

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**Holy Week:** Holy Week starts on Palm Sunday of the Passion of the Lord, Sunday 24<sup>th</sup> March. There are Holy Week posters available in the church porch – please take one home and display it prominently in your window to remind others of the true meaning of the Good News – that Jesus Christ died for our sins and rose from the dead at Easter to redeem us all.

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**The Sick of the Parish:** We ask your prayers for Patrick Doran, Jim Spence and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.  
Amen.*

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**Our Own Dear Departed:** Of your charity, please pray for the repose of the souls of our faithful departed and especially for

Robert McInnes (1987), George Keenan, Leslie Robinson (2000), Edward Clarke (1973), Gerrard Healey (1987), Harry Frost (2005), Arthur Watkinson (1978), Daniel Mendonca (2013), Isabel Whittle (1969), John Roche (1983), Noel Andrews (2018), Alberto Computaro (2001) and Marion Keenan whose anniversaries occur about this time.

*May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*