

PARISH NEWSLETTER

ROMAN CATHOLIC DIOCESE OF EAST ANGLIA

A Registered Charity (Charity Commission No 278742) www.rcdea.org.uk

Newsletter for the Catholic Parishes of St Mark and St Mary Magdalen Extra-ordinary Edition for July: Covers Period 7th -28th July*

Please check our websites stmarksparish.org.uk and marymagdalens.org for more information and updates

News for St Mark Catholic Parish ...

Responsorial Psalm – Our eyes are on the Lord till he shows us his mercy		
14 th Week in Ordinary Time – Year B		
MASS & PRAYER TIMES:		
SATURDAY 6/7/24	17:30 St Mark's Vigil Mass Time Offered For: The People of the Parish	14 th Sunday in Ordinary
SUNDAY 7/7/24	09:00 Holy Family Offered For: Bishop Michael Evans RIP 11:00 St Mark's Offered For: Sr. Carren CSST	14 th Sunday in Ordinary Time
SATURDAY 13/7/24	17:30 St. Mark's Vigil Mass Offered for: The People of the Parish	15 th Sunday in Ordinary Time
SUNDAY 14/7/24	09:00 Holy Family Offered for: Pauline Harris RIP	15 th Sunday in Ordinary Time
SATURDAY 20/7/24	17:30 St Mark's Vigil Mass Offered For: Rev.Fr. Luke Goymour	16 th Sunday in Ordinary Time
SUNDAY 21/7/24	09:00 Holy Family Offered For: Bela Szitasia & Bishop Michael Evans RIP 11:00 St Mark's Offered For: Pauline Harris RIP	16 th Sunday in Ordinary Time
FRIDAY 26/7/24	12:15 St. Mark's Offered For: Grace O'Connor RIP	SS. Joachim & Anne
SATURDAY 27/7/24	17:30 St.Mark's Alan Amphlett-Lewis RIP	17 th Sunday in Ordinary Time
SUNDAY 28/7/24	09:00 Holy Family Offered For: Mrs. Maura Grogan 11:00 St. Mark's Offered For: The People of the Parish	17 th Sunday in Ordinary Time

Interested in working with children and young people? Leaving school or university in the summer and deciding what to do next? In between jobs, or would like to do something 'different'? The Diocesan Youth Service is looking for people age 18-30 to join the Ignite Team, sharing the Gospel Message with young people. These are full-time positions initially for 12 months with training, food, accommodation and a monthly allowance provided. For more information see www.rcdea.org.uk/youth

Retreat at Clare Priory – A Quite Day of Prayer and Reflection on 17th July. For more information or to book contact Kathy on 01787 277326 clarepriory@clarepriory.net

Sea Sunday - Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. Stella Maris (formerly known as Apostleship of the Sea) is the maritime agency of the Catholic Church. Its teams of chaplains and ship visitors provide practical, emotional and spiritual support to seafarers and fishers in the UK and around the world. On **Sea Sunday, July 14th**, please pray for seafarers and give online or to the second collection at Mass. Please use the Gift Aid envelop at the back of the church.

***No Weekly Newsletter until 28th July**

Sunday Homilies

can be listened to again at:
<https://anchor.fm/fr-luke-goymour> And on all major Podcast platforms just search:

Fr Luke's Homilies

The Minutes of the Parish AGM are available at the back of the Church. They are also available on the Parish Website

Fr. Luke will be away from the Parish from 9th to 24th July. There will be no weekday Masses at St Mark's During that time, but Masses At St Mary Magdalens continue as normal.

On 13/14th We Welcome Fr Stefan Park OSA

On 20/21st We welcome Fr Charles from MSP Fathers who will be making an appeal

Public Speaking in Church. Join our online training, learn tips and build your confidence



CAFOD is offering 1-hour training sessions on Zoom for anyone interested in building their confidence for public speaking. Designed for beginners and anyone who needs to make announcements or speak on behalf of a charity at Mass. Come along to learn new skills, practise, and discover how you can inspire our congregation. It'll be inviting, relaxed and fun! [Register here](#) to receive the link or use the QR code to the right with your mobile phone camera. Date and time: Saturday 13 July, 11am-12pm and Tuesday 16 July, 7pm-8pm

100 CLUB – This Month's winning Numbers are: 1st Prize £93.50 – Number 134; 2nd Prize £51.00 – Number 132; 3rd Prize £25.50 – Number 145. For more information visit the parish website

News for St Mary Magdalen Catholic Parish...

Fourteenth Sunday in Ordinary Time – 7th July 2024: Sunday Readings: Liturgical Year B. Services during the coming week – Fourteenth Week of the Year, Year II

Saturday 6 th July	5:30 pm 6:00 pm	Confessions Vigil Mass of the 14 th Sunday in Ordinary Time, offered for Stan and Kathleen Bakowski. Reader: I Suttle, Offertory: Hennon Family
	8:00 am	Holy Mass offered for the people of the parish. Reader: J Cleary Vieira, Offertory: Moore Family
Sunday 7 th July	10:00 am	Eucharistic Minister: E Cleary. Holy Mass, offered in thanksgiving (Private Intention). Reader: M Pakes, Offertory: Fox Family Eucharistic Minister: R Shorten.
<i>Please join us in the Garden Room after 10:00 Mass for tea and coffee, prepared and served by Val & Julie</i>		
Monday 8 th July	Feria	No Mass Today
Tuesday 9 th July	Feria	10:00 am Holy Mass offered for All members of the Lacey Family, living and dead (Foundation Mass).
Wednesday 10 th July	Feria	12 noon Holy Mass offered for the repose of the soul of Albertina Vieira RIP.
Thursday 11 th July	Feria	10:00 am Holy Mass offered for the repose of the soul of Brian Sheppard RIP.
Friday 12 th July	Feria	10:00 am Holy Mass offered for all members of the Vieira Family, living and dead, followed by Exposition, a chaplet of Divine Mercy and Benediction.
Saturday 13 th July	5:30 pm 6:00 pm	Confessions Vigil Mass of the 15 th Sunday in Ordinary Time, offered for Angelo & Fiorenzina Paoletti. Reader: R Cork, Offertory: Cork Family
Sunday 14 th July	8:00 am 10:00 am	Holy Mass offered for the people of the parish. Reader: C Moore, Eucharistic Minister: C Moore. Holy Mass, offered in thanksgiving (WL). Reader: J Iannelli, Offertory: M Mayhew/M Geisel Eucharistic Minister: W Lobo.

Fr Luke: Fr Luke will be away on holiday from Tuesday 9th to Wednesday 24th July. We wish him a pleasant and restful break. Newsletters for the next two weeks will consequently be a little slimmer than normal as they will be prepared in advance. Please refer to the parish web site for latest news and updates.

Alpha Course: The Alpha course continues this week with session thirteen taking place in St Marks Church Hall on Wednesday evening, 10th July, at 7:30 pm. The dates for the remainder of this course can be found on the parish web site.

Next Sunday: Next weekend we observe Sea Sunday, an opportunity for us to remember the men and women seafarers and fishers who work at sea and spend long periods of time away from their families, playing a vital role in all our lives. This is primarily an opportunity to reflect and pray for them, but also to help in a practical way, so there will be a second collection taken at each Mass to support the work of Stella Maris, the largest ship-visiting network in the world, and the official maritime charity of the Catholic Church.

Parish 150 Club: The June prize draw of the parish 150 Club was made last Sunday, 30th June. The winners were Mrs M Jermy, Mrs C Long, Mrs C Riches, Mr & Mrs R Cork and Mr M Croker. Full details of the prizes and winners can be found on the notice board in the church porch and on the parish web site. There is plenty of room in the 150



Club for new members – application forms can be found in the church porch or there is an on-line application form that can be found on the parish web site – just scan the QR code to take you straight to it.

Our Own Dear Departed: Too late for inclusion in last week's newsletter, Mille von Fragstein sadly passed away in hospital on Thursday 27th June after a short illness. Millie, and her late husband Adolf, along with their children, were regular attendees at St Mary Magdalen for many years. Funeral arrangements will be announced once known. Please remember Millie in your prayers, and also pray for her family and friends who mourn her passing.

***Fifteenth Sunday in Ordinary Time (Sea Sunday) – 14th July 2024: Sunday Readings: Liturgical Year B.
Services during the coming week – Fifteenth Week of the Year, Year II***

Saturday 13 th July	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 15th Sunday in Ordinary Time, offered for Angelo & Fiorenzina Paoletti. Reader: R Cork, Offertory: Cork Family
Sunday 14 th July	8:00 am	Holy Mass offered for the people of the parish. Reader: C Moore, Eucharistic Minister: C Moore.
	10:00 am	Holy Mass, offered in thanksgiving (WL). Reader: J Iannelli, Offertory: M Mayhew/m Geisel Eucharistic Minister: W Lobo.
<i>Please join us in the Garden Room after 10:00 Mass for tea and coffee, prepared and served by Nigel & Rosemary</i>		
Monday 15 th July	St Bonaventure	No Mass Today
Tuesday 16 th July	Feria	10:00 am Holy Mass
Wednesday 17 th July	Feria	12 noon Holy Mass offered for the repose of the soul of Albertina Vieira RIP.
Thursday 18 th July	Feria	10:00 am Holy Mass offered for the repose of the soul of Charles Vieira RIP.
Friday 19 th July	Feria	10:00 am Holy Mass offered for all members of the Vieira Family, living and dead, followed by Exposition, a chaplet of Divine Mercy and Benediction.
Saturday 20 th July	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 16 th Sunday in Ordinary Time, offered for the people of the parish. Reader: I Suttle, Offertory: Hennon Family
Sunday 21 st July	8:00 am	Holy Mass offered for the repose of the soul of Charles Vieira RIP. Reader: A Smith Offertory: Cleary Family, Eucharistic Minister: E Cleary.
	10:00 am	Holy Mass, offered in thanksgiving (WL). Reader: N Fox, Offertory: Pakes Family Eucharistic Minister: J Poll.

Today's Gospel: This week's Gospel and the one for next week describe how Jesus sent the disciples to minister in his name and the disciples' return to Jesus afterward. Jesus' instructions to the apostles are very specific. He repeats the mission that they are sent to preach and to share his authority to heal and to drive out demons. Jesus sends them in pairs, establishing his mission as a communal endeavour, and instructs them to travel lightly, without the customary food, money, and extra set of clothes. These instructions mean that the Twelve will be dependent on the hospitality of others, just as Jesus depended on others to provide for his needs. Jesus continues to send us into the world as his disciples, and like the first disciples, we are not sent alone. Jesus has given us the community of the Church, which strengthens our life of discipleship. The Christian message can only authentically be proclaimed in and through the community of faith that is the Church. In our work with others, we build this community of faith and can invite others to share in it. *Courtesy Loyola Press*

Sea Sunday: Today is also observed as Sea Sunday, which the church celebrates annually. It is a day for people to come together to pray for seafarers, fishers and their families, and thank them for the vital role they play in all of our lives. To support the work of the official Catholic maritime charity *Stella Maris*, there will be a retiring collection at all Masses this weekend.

Alpha Course: The Alpha course continues this week with session fourteen taking place in St Marks Church Hall on Wednesday evening, 17th July, at 7:30 pm. The dates for the remainder of this course can be found on the parish web site.

The Sick of the Parish: We ask your prayers for Patrick Doran, Leslie Jermy, Jim Spence, Margaret Ward (née Curry) and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.
Amen.*

Our Own Dear Departed: Of your charity, please pray for the repose of the souls of our faithful departed and especially for

Aurelia Gajewska (1981), Caroline Shannon (2005), George Hartery (2008), Fu-Lien Simpson (2020), Walter Keenan, William Sheridan (1981), Bishop Alan Clarke, 1st Bishop of East Anglia (2002), Jessie Lubeck (1991), Rose Lee

(2013), Bridget Atkins (2018), Adam Pawlowski-Brooks (2020), Lilian Barnes, Jeremiah Cahillane (1994), Peggy Oxley (2006), John Welham (1974) and Margaret Faul (2009) whose anniversaries occur about this time.

May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

**Sixteenth Sunday in Ordinary Time – 21st July 2024: Sunday Readings: Liturgical Year B.
Services during the coming week – Sixteenth Week of the Year, Year II**

Saturday 20 th July	5:30 pm 6:00 pm	Confessions Vigil Mass of the 16 th Sunday in Ordinary Time, offered for the people of the parish. Reader: I Suttle, Offertory: Hennon Family
Sunday 21 st July	8:00 am 10:00 am	Holy Mass offered for the repose of the soul of Charles Vieira RIP. Reader: A Smith Offertory: Cleary Family, Eucharistic Minister: E Cleary. Holy Mass, offered in thanksgiving (WL). Reader: N Fox, Offertory: Pakes Family Eucharistic Minister: J Poll.
<i>Please join us in the Garden Room after 10:00 Mass for tea and coffee, prepared and served by Teresa & Michael</i>		
Monday 22 nd July	St Mary Magdalen 10:00 am	Holy Mass offered for the people of the parish
Tuesday 23 rd July	St Bridget 10:00 am	Holy Mass
Wednesday 24 th July	Feria 12 noon	Holy Mass offered for the repose of the souls of Noel and Doreen Andrews RIP.
Thursday 25 th July	St James the Apostle 10:00 am	Holy Mass offered for the repose of the soul of Charles Vieira RIP. Saints Joachim and Anne
Friday 26 th July	10:00 am	Holy Mass offered for all members of the Vieira Family, living and dead, followed by Exposition, a chaplet of Divine Mercy and Benediction.
Saturday 27 th July	5:30 pm 6:00 pm	Confessions Vigil Mass of the 17 th Sunday in Ordinary Time, offered for the people of the parish. Reader: R Cork, Offertory: Cork Family
Sunday 28 th July	8:00 am 10:00 am	Holy Mass offered for the repose of the soul of Charles Vieira RIP. Reader: C Riches Offertory: Moore Family, Eucharistic Minister: C Moore. Holy Mass, offered in thanksgiving (WL). Reader: A James, Offertory: Fox Family Eucharistic Minister: M Long.

Today's Gospel: In this today's Gospel, we read the report of the return of the Twelve, who were sent by Jesus to preach repentance, heal the sick, and drive out demons. In today's reading, we hear the Twelve referred to as "apostles." The word *apostle* is a Greek word meaning "one who is sent." Jesus chose twelve men from among his disciples whom he sent to share in his ministry of preaching and healing. We who are Jesus' disciples today have also been sent to share the Gospel with others. Perhaps our commitment to following Jesus as his disciple leaves us feeling tired and overwhelmed. In today's Gospel, we hear Jesus affirm the importance of times of rest and renewal. Jesus wanted his disciples to come away and spend time alone with him. This is what we seek and find in our life of prayer and in our celebration of the Eucharist. *Courtesy Loyola Press*

St Mary Magdalen: Monday this week is the feast of St Mary Magdalen, our parish patron saint. Monday is Fr Paul's day off, but on this special day there will be Mass at 10:00 to enable us to celebrate our patronal saint.

Alpha Course: The Alpha course continues this week with session fifteen taking place in St Marks Church Hall on Wednesday evening, 24th July, at 7:30 pm. The dates for the remainder of this course can be found on the parish web site.

The Sick of the Parish: We ask your prayers for Patrick Doran, Leslie Jermy, Jim Spence, Margaret Ward (née Curry) and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.
Amen.*

Our Own Dear Departed: Of your charity, please pray for the repose of the souls of our faithful departed and especially for Alice Reilly (1987), Neil Ford (1989), Elizabeth Thrower (2001), Robert Coyle, Margaret McManus (1981), Eileen de Souza (2012), Laura Elizabeth Croker (2002), Veronica "Mary" Brooks (2011), Evelyn Davies (1985), Stephen Moss (1963), James Barrett (1973), Frederick Scoging (1976) and Michael Rock (2005) whose anniversaries occur about this time.

May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.