



PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA
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ST. MARK WITH HOLY FAMILY BRANTHAM

St Mark's Parish House,
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Ipswich, Suffolk IP2 0QQ

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E luke.goymour@rcdea.org.uk
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The Parish of St Mark includes St Mark's Church in Ipswich
& The Church of the Holy Family in Brantham (CO11 1TB)

Parish Priest:
Fr Luke Goymour

Parish school:
St Mark's School
Headteacher:
Dr Michael Keller

Parish Secretary:
Mrs Pat West available on
Tuesdays from 11 – 1pm
office@stmarksparish.org.uk

Local Safeguarding Rep:
lsr@stmarksparish.org.uk

EUCCHARISTIC ADORATION:
St Mark
Fridays 11:40-12:10

Holy Family
Tuesday – 09:20 - 09:50

PRAYER GROUPS:
St Mark
1st and 3rd & 5th Monday
6:00pm: Adoration
7:00pm – Praise, worship,
scripture, reflection in Hall

CONFESSIONS:
St Mark Saturdays: 17:00
and by appointment

Children's Liturgy:
at 11 am on 1st, 3rd and
5th Sundays of the month.



ST. MARY MAGDALEN

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M 07414 735102 (txt only)
W marymagdalens.org

 [@marymagdalens](https://www.facebook.com/marymagdalens)

Parochial Administrator:
Fr Luke Goymour
E parishpriest@marymagdalens.org

Assistant Priest:
Fr Paul Chanh
E paulchanh@gmail.com

Parish school:
St Pancras Catholic Primary
School, Stratford Road,
Ipswich, IP1 6EF
Headteacher:
Mrs Lucille Martin
T 01473 742074

Offerings:
Please consider setting up a
standing order in favour of the
parish instead of a weekly cash
offering. If you can Gift Aid
your donation, please complete
a form which you can find in
the church porch.

Bank: Barclays
Account Name:
St Mary Magdalen
Roman Catholic Parish
Account number: 70777323
Sort code: 20-44-51

Catholic chaplain to the Ipswich hospitals: Awaiting new appointment. Please contact either Fr Paul, Fr Luke or one of the other Ipswich priests if you or a family member are going in to hospital.

Sunday 28th January 4th Week of the Year, Year B

News for St Mark's Catholic Parish

Responsorial Psalm – O that today you would listen to his voice. Harden not your hearts.		
4th WEEK OF THE YEAR – Year B		
MASS & PRAYER TIMES:		
SATURDAY 27/1/24	17:30 St Mark's Vigil Mass Offered For: Lilly Brolly RIP	4th Sunday in ordinary time
SUNDAY 28/1/24	09:00 Holy Family Offered For: Betty & John Stubbs 11:00 St Mark's Offered For: The People of the Parish	4th Sunday in Ordinary time
TUESDAY 30/1/24	10:00 am Holy Family Offered for: Father Luke	Feria
WEDNESDAY 31/1/24	NO MASS	St. John Bosco
THURSDAY 1/2/24	NO MASS	Feria
FRIDAY 2/2/24	12:15 pm St. Mark's Offered for: Priest's intentions	The Presentation of the Lord
SATURDAY 3/2/24	17:30 St Mark's Vigil Mass Offered For: Priest's intentions	5th Sunday in ordinary time
SUNDAY 4/2/24	09:00 Holy Family Offered For: The Meadway Family in thanksgiving 11:00 St Mark's Offered For: The People of the Parish	5th Sunday in ordinary time

Sunday Homilies
 can be listened to again at:
<https://anchor.fm/fr-luke-goymour> And on all major
 Podcast platforms just search:
Fr Luke's Homilies

**Readers needed for
the Saturday Vigil
Mass.**
 Please contact Brian Riley
baskwdbr@yahoo.com or
 07866 581556

Parish Mission Coming Soon!



Inviting young people (age 16 – 30) to Transform For Lent

It might seem that Christmas was only yesterday but already it's not long until Lent! The Ignite Team are hosting a weekend retreat for young people at Clare Priory the weekend before Lent begins (10th – 11th February). Contemporary music, inspiring talks and passionate prayer times. For more information and to book a place see www.rcdea.org.uk/youth

The Fundraising & Social Committee will be meeting up after mass on Sunday 28th January at St Mark's church. The agenda is to obtain feedback on last years Christmas Fayre so we may improve and prepare for this year. Also, to share ideas for other future events. Everyone is welcome to join.

World Leprosy Day - On Sunday 28th January 2024. The John Bradburne Memorial Society (JBMS) endeavours to continue and uphold the legacy of John Bradburne, 'Servant of God' who was a Franciscan layman, who cared for the leprosy patients living at the Mutemwa Leprosy Care Centre in Zimbabwe for the last 10 years of his life until he was murdered. JBMS helps to provide essential items to the community at Mutemwa. Leprosy is a curable disease, but unfortunately the stigma and lack of education associated with the disease, means people do not get treated early enough to prevent the development of disabilities. Together with your kind support and prayers we continue our promise to uphold John Bradburne's legacy in supporting those living at Mutemwa with leprosy. To donate visit their website www.johnbradburne.com

The Big Lent Walk - Cafod invite you to take part in this event during Lent. To find out more visit their website at cafod.org.uk

Medjugorje 2024 – The pilgrimage to Medjugorje this year is from 19th September to 26th September. The details are as the successful pilgrimage last year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on chrismceweneb@gmail.com or 07967 568852

First Holy Communion 2024: The instruction classes for this year's First Holy Communion candidates will begin on Friday 2nd February when the class will be held at St Mark's church, Hawthorne Drive, and Saturday 3rd February when the class will be held at St Mary Magdalen church.

STOP PRESS: Second Sunday Evening Prayer and Praise Evening Prayer of the Church with contemporary praise and worship – 6:30 pm St Marks Starts 11th February – ALL WELCOME!

Divine Mercy - Copies of the painting, which was installed and blessed in December are available as prayer cards at the back of church. To see more work by the artist, Ben Goymour, Go to <https://www.bengoymour.com/>

FIND, thanks us for our continuing generosity - Their current needs are crisps, squash, tinned potatoes, fruit, steak, mince, peas, carrots, and rice pudding. Also Pasta sauce

Please collect used postage stamps for our local hospice ALL YEAR, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice.

100 CLUB - This month the 100 Club raised a record £178 for the Parish and the winners are: 1st Prize £97.90 – Number 80; 2nd Prize £53.40 – Number 8; 3rd Prize £26.70 – Number 84



Pick up an application form to join or take a further number at the back of the church or contact Graeme Forsyth at mgforsyth@outlook.com or on 01206 399049. Visit the Parish Website or scan the QR code here

Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 8 - 11 February 2024 or a Face to Face weekend in Welwyn Garden City on 14-16 June 2024, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

Parish Mission 18th - 25th February 2024 – The Sisters from the Community of Our Lady of Walsingham will be coming to Ipswich to run a parish Mission for the first week of Lent. **The Mission will be based at St Mark's** but will have some events at both **Holy Family and St Mary Magdalens** as well. More info to follow, follow the QR code on page two to be taken to the mission schedule


News for St Mary Magdalen Catholic Parish


<i>The Fourth Sunday in Ordinary Time – 28th January 2024: Sunday Readings: Liturgical Year B</i>		
<i>Services during the coming week – Fourth Week of the Year, Year II</i>		
<i>Today we again welcome Fr Chris Dobson who will be celebrating the three weekend Masses with us.</i>		
Saturday 27 th January	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 4 th Sunday in Ordinary Time, offered for the repose of the soul of Conrado Fajardo RIP. Reader: R Cork, Offertory: Cork Family
Sunday 28 th January	8:00 am	Holy Mass offered for the people of the parish. Reader J Cleary, Eucharistic Minister: E Cleary.
	10:00 am	Holy Mass offered for the repose of the soul of Adolf von Fragstein RIP. Reader: N Fox, Offertory: M Geisel/M Mayhew, Eucharistic Minister: W Lobo.
<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass</i>		
Monday 29 th January	Feria	
	No Mass Today	
Tuesday 30 th January	Feria	
	No Mass Today	
Wednesday 31 st January	St John Bosco	
	No Mass Today	
Thursday 1 st February	Feria	
	No Mass Today	
Friday 2 nd February	The Presentation of the Lord	
	No Mass Today	
Saturday 3 rd February	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Fifth Sunday in Ordinary Time, offered for the people of the parish.

Today's Gospel: Today's Gospel continues our reading from Mark and describes what some believe was likely to have been a typical day in Jesus' ministry. Jesus and the disciples that chose to follow him in last week's Gospel arrive at Capernaum, a small village on the Sea of Galilee. Jesus teaches in the synagogue on the Sabbath and Mark reports that the people respond to Jesus' teaching with astonishment, noting Jesus' authority and contrasting it with that of the scribes. Early in Mark's Gospel we already find evidence of the tension that will manifest itself fully in Jerusalem. After Jesus' preaching, an even more astonishing thing happens. A man possessed with an unclean spirit calls out to Jesus. As we see in this example and throughout Mark's Gospel, the spirits and demons seem to know Jesus and are often

fearful of him. In fact, they seem to understand Jesus' identity better than his disciples. As we will read again and again in Mark's Gospel, Jesus orders the spirit to be quiet and drives the unclean spirit out of the man. Jesus' ability to heal those possessed by demons is an indication of his power over evil. In the prescientific age of Jesus' time, all illnesses were understood to be manifestations of evil and sinfulness. Our modern understanding of illness is very different. Possession by unclean spirits may have been a way to describe what we might call mental illness today, or it may have even been a way of describing certain kinds of physical conditions. There is evidence that there were many kinds of exorcists and healers in first-century Palestine and Jesus appears to be like these healers, but he heals with unique authority and connects his healing activities with the words of his preaching. We are missing the point that Mark is trying to make in this Gospel, however, if we try to explain away the healing work of Jesus. The crowds see in Jesus' cure of the possessed man further affirmation of his authority - his power to heal gives greater credence to his teaching. Jesus impresses the crowds through his words, which are manifested with power in his deeds. Mark's Gospel tells us that because of the authority with which he healed, Jesus' fame spread throughout all of Galilee. *Courtesy Loyola Press*

Thank You: A big thank you to Fr Chris Dobson for providing cover for our weekend Masses for this weekend and last whilst Fr Paul has been away, and thanks also to all those who kindly helped with the transport arrangements for Fr Chris as he is currently unable to drive – without your help Fr Chris would not have been able to get to our church. Next weekend we welcome back Fr Paul from his holiday and he will be offering the weekend Masses as normal.

Catholic East Anglia: The February edition of Catholic East Anglia, the free Diocesan newspaper, is out now and you can collect a copy from the church porch. This edition includes a report on a media and faith conference in Norwich, a church's eco-move with solar panels and also includes a report on Bishop Peter Collins meeting diocesan seminarians, Christmas at St John's Cathedral and a Catholic family's appeal after a shock brain tumour diagnosis. You can also read this edition on-line on the parish web site – scan the QR code to take you directly to it. 

Diocesan Yearbook: The Diocesan Year Book 2024 has now been published, and copies are available in the church porch priced at £3 per copy. A digital copy of the Year Book is also available on the parish web site, from where it can be downloaded or referred to as required. To find the Yearbook on line, simply scan the QR code. 

Craft Session: It has been suggested that we might start a craft group within the parish. Such a group would probably meet on a monthly basis in the afternoon or possibly an evening during the week. If you would be interested in such a venture, or would like to hear more information about this idea and the sorts of crafts that might be covered, then please contact Jean McSorley on 01473 462740 or by email to jkmcsorley@hotmail.com


The Alpha Course: The Alpha course continues this week with the tenth session taking place on Wednesday 31st January, at 12:30 pm in the St Mary Magdalen Garden Room and at 7:30 pm at St Mark's church hall.

Will you be Chosen: ???

First Holy Communion 2024: The instruction classes for this year's First Holy Communion candidates will begin on Friday 2nd February when the class will be held at St Mark's church, Hawthorne Drive, starting at 6:00 pm, and Saturday 3rd February when the class will be held at St Mary Magdalen church starting at 9:30 am. The full schedule of dates for the remaining classes can be found on the parish web site.

Patrick "Paddy" Mullan RIP: Patrick Mullan, a long standing parishioner in the parish, passed away in hospital on 14th January. His funeral will be held at St Mary Magdalen church on Tuesday 13th February. Please pray for the repose of Patrick's soul, and also remember in your prayers his widow Martha and all his family and friends who mourn his passing.

Social Committee: The social committee met this week, following which a couple of events have been announced. Please note the following dates for your diaries. On Saturday 9th March there will be a quiz evening in the church hall at 7:00 pm. Tickets will cost £8 each and will include a supper of jacket potato and chilli. Following that, an international evening is being planned for Saturday 27th April – book the date now, more details to follow.

Parish 150 Club: The January prize draw of the parish 150 Club will be made today in the Garden Room after the 10:00 am Mass. We are always on the lookout for additional members and there is plenty of room for new joiners. If you are not a member, why not sign up today and help support your parish. Your numbers can then be entered in today's prize draw. Application forms are available in the church porch or, even quicker, you can sign up on-line on the parish web site – just scan the QR code. 

The Sick of the Parish: We ask your prayers for Patrick Doran, Sheila Curry and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.
Amen.*

Our Own Dear Departed: Of your charity, please pray for the repose of the souls of our faithful departed and especially for Elizabeth Millar (1998), Francis Jacobi (2022), Cesare "Reno" Pasini (2011), Richard Miller (1962), Leslie Hiscocks (1977), Gertrude "Gillian" Wilson (2000), Franciszek Meller (2000), Andrew Murray, Alfred Sheppard, Elizabeth Powell, Theresa Akehurst (1994), Pietro Gilardi (1998), Gwendoline Nicholas (2010), Annie Kearny (1975), Cecil Everitt (1995) and Cecilia Molyneux (2000), whose anniversaries occur about this time.

May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.