



PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA
A Registered Charity (Charity Commission No 278742) www.rcdea.org.uk



Parish Priest:
Fr Luke Goymour

Parish School:
St Mark's School
Headteacher:
Dr Michael Keller

Parish Secretary:
Mrs Pat West available
Tuesday 11 am – 1 pm
office@stmarksparish.org.uk

Parish Safeguarding Rep:
Mrs Joanna McCall
psr@stmarksparish.org.uk

Eucharistic Adoration:

St Mark's
Friday 11:40 – 12:10

Holy Family
Tuesday 9:20 – 9:50

Prayer Group:
Mondays 7:00 – 8:30pm
Praise, Worship
scripture & reflection

Confession
St Mark: 5pm Saturday
and by appointment

Children's Liturgy:
11 am 1st, 3rd and 5th
Sundays of each month

ST MARK

WITH HOLY FAMILY BRANTHAM

St Mark's Parish House, T 01473 684963
180 Hawthorn Drive, E luke.goymour@rcdea.org.uk
Ipswich, Suffolk W stmarksparish.org.uk
IP2 0QQ

The parish of St Mark includes St Mark's church in Ipswich
and the church of the Holy Family in Brantham (CO11 1TB)



ST MARY MAGDALEN

The Presbytery, T 01473 741975
468 Norwich Road, M 07414 735102 (txt only)
Ipswich, Suffolk W marymagdalens.org
IP1 6JS @marymagdalens

E parishpriest@marymagdalens.org safeguarding@marymagdalens.org

Parish administrator:
Fr Luke Goymour

Assistant Priest:
Fr Paul Chanh
E paulchanh@gmail.com

Confession:
5:30pm Saturday
and by appointment

Parish School:
St Pancras Catholic Primary
Stratford Road
Ipswich
IP1 6EF
T 01473 742074

Headteacher:
Mrs Lucille Martin

Safeguarding

Confession:
5:30pm Saturday
and by appointment

Eucharistic Adoration:
Fridays after 10:00 Mass
Exposition, a Chaplet of
Divine Mercy and
Benediction

Offerings:
Please consider setting up
a standing order in favour
of the parish instead of a
weekly cash offering. If
you can Gift Aid your
donation, please complete
a form which you can find
in the church [porch].

Bank:
Account name: St Mary
Magdalen Roman
Catholic Parish
Sort Code: 20-44-51
A/c Number: 70777323

Catholic Lay Chaplain to the Ipswich Hospital: Mrs Rachael Tearle, if you or a family member requires a visit,
sacraments and support whilst in hospital please notify her by email: hospitalchaplain@stmarksparish.org.uk

Sunday 18th Sunday in Ordinary Time year B 4th August 2024 .

News for St Mark's Catholic Parish

Responsorial Psalm – The Lord gave them bread from heaven		
18th week in Ordinary Time – Year B		
MASS & PRAYER TIMES:		
SATURDAY 3/8/24	17:30 St Mark's Vigil Mass Offered For: The People of the Parish	18th Sunday in Ordinary Time
SUNDAY 4/8/24	09:00 Holy Family Offered For: Anne & Edmund Smitheram 11:00 St Mark's Offered For: Grace O'Connor RIP	18th Sunday in Ordinary Time
TUESDAY 6/8/24	10:00 Holy Family Offered For: John Lodge RIP	The Transfiguration of the Lord
WEDNESDAY 7/8/24	9:30 am St. Mark's Offered For: Priest's intentions	Feria
THURSDAY 8/8/24	NO MASS at St. Mark's 10:00 at St. Mary Magdalens	St. Dominic
FRIDAY 9/8/24	12:15 pm St. Mark's Offered For: Grace O'Connor RIP	St. Theresa Benedicta
SATURDAY 10/8/24	17:30 St Mark's Vigil Mass Offered For: The People of the Parish	19th Sunday in Ordinary Time
SUNDAY 11/8/24	09:00 Holy Family Offered For: Bishop Michael Evans RIP 11:00 St Mark's Offered For: Penny Holland	19th Sunday in Ordinary Time

Homilies: This weekend we continue with our second installment on our preaching series on Johns Gospel and the Eucharist.

FIND - thanks us for our generosity. They are in need of Fresh Fruit & Vegetables. Mug Shots, Cereals. Long Grain Rice, Jam & Pasta Sauce. **The donation box is still under table at the back of St Marks.**

Interested in working with children and young people? Leaving school or university in the summer and deciding what to do next? In between jobs, or would like to do something 'different'? The Diocesan Youth Service is looking for people age 18-30 to join the Ignite Team, sharing the Gospel Message with young people. These are full-time positions initially for 12 months with training, food, accommodation and a monthly allowance provided. For more information see www.rcdea.org.uk/youth

100 CLUB – Raises funds for the Parish and holds a monthly prize draw. For more information visit the parish website by simply scanning the QR code alongside. Pick up a leaflet at the back of the church. Email mgforsyth@outlook.com or call on 01206 399049. If you are existing member please remember to let Graeme know if you change your address



Please collect used postage stamps for our local Hospice - ALL YEAR, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice. Please cut around the stamp leaving just a small border.

Bishop Peter has asked that we draw your attention to New Dawn. See the posters at the back of the Church for further details. -The New Dawn Conference, 5th-9th of August, in Walsingham.

ChurchSuite: ChurchSuite is our Parish database and administration tool.
If you are not on it please email the office for a link.

Sunday Homilies

can be listened to again at: <https://anchor.fm/fr-luke-goymour> And on all major Podcast platforms just search:

Fr Luke's Homilies

For Security Reasons the number for the key safe to enter the Presbytery has been changed. If you need to enter the building, this way, please email the Parish office for the new code.

Anyone who is given the code and any keyholders should note that they should only use them to enter the Church Premises during normal business hours (9-5pm) unless there is an emergency or prior arrangements have been made with Fr. Luke

Please remember that the Presbytery is Father Luke's Home.

Parish Website: Check out our new look parish website: stmarksparish.org.uk It's still under construction so bear with us. Thanks to Mr Ian Tearle for developing the site.

Medjugorje 2024 – The pilgrimage to Medjugorje this year is from 19th September to 26th September. The details are as the successful pilgrimage last year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on chrismceweneb@gmail.com or 07967 568852

The Medjugorje Apostolate Annual Pilgrimage to Walsingham - will take place on Bank Holiday Monday 26th August 2024. This year again we have the great privilege of having Fr Zvonimir Pavičić OFM, the parish priest of St James, Medjugorje to lead the pilgrimage.

Icon of St Mark: An Icon of St Mark, has been purchased with money donated in memory of Shelia Curry. The Coptic style icon is a limited edition print from the workshop of the top Coptic Iconographer in the UK. It can be seen in the right if sanctuary as you face the altar. The Icon is described thus “St Mark’s gospel journey took him famously to Egypt where his preaching paved the way for Christian belief and eventually the forming of the Coptic Orthodox Church. In Coptic icons this journey is usually suggested by a ship on a sea and the lighthouse of Alexandria in the background. He is shown with a red himation to reference his brutal martyrdom and always holds a gospel book. In most icons there will usually be a reference to a lion or lion-headed cherubim which, in early patristic writing, links him to one of the 4 cherubim seen by Ezekiel and by St John in the book of Revelation. These 4 cherubim are likened in early homilies to the 4 gospel writers and are therefore paired with them in Orthodox iconography. Coincidentally there is also an old tale recounted by Severus Ebn-El-Mokafa telling of an incident where St Mark was travelling with his father and was met by lions. In his faith, he prayed for deliverance and the two lions immediately fell dead. As a result St Mark’s father believed in the Lord Jesus. The angel in the icon descends symbolically to place a crown of martyrdom on St Mark's head in acknowledgement of the bloody death he would endure for Christ's mission.”

News for St Mary Magdalen Catholic Parish

Eighteenth Sunday in Ordinary Time – 4th August 2024: Sunday Readings: Liturgical Year B. Services during the coming week – Eighteenth Week of the Year, Year II

Saturday 3 rd August	5:30 pm 6:00 pm	Confessions Vigil Mass of the 18 th Sunday in Ordinary Time, offered for the people of the parish. Reader: I Suttle, Offertory: Hennon Family
Sunday 4 th August	8:00 am 10:00 am	Holy Mass offered for all members of the Vieira Family, living and dead. Reader: F Vieira Eucharistic Minister: E Cleary. Holy Mass offered for the repose of the soul of Laura Croker RIP. Reader: T Barker, Offertory: Long Family, Eucharistic Minister: R Shorten.
<i>Please join us in the Garden Room after 10:00 Mass for tea and coffee, prepared and served by Val & Molly</i>		
Monday 5 th August	Feria	No Mass Today
Tuesday 6 th August	The Transfiguration of the Lord 10:00 am	Holy Mass
Wednesday 7 th August	Feria 12 noon	Holy Mass offered for the repose of the soul of Charles Vieira RIP.
Thursday 8 th August	St Dominic 10:00 am	Holy Mass
Friday 9 th August	St Teresa Benedicta of the Cross 10:00 am	Holy Mass offered for all members of the Vieira Family, living and dead, followed by Exposition, a chaplet of Divine Mercy and Benediction.
Saturday 10 th August	5:30 pm 6:00 pm	Confessions Vigil Mass of the 19 th Sunday in Ordinary Time, offered for the people of the parish. Reader: R Cork, Offertory: Cork Family
Sunday 11 th August	8:00 am 10:00 am	Holy Mass offered for all members of the Vieira Family, living and dead. Reader: J Cleary Offertory: Cleary Family, Eucharistic Minister: C Moore. Holy Mass. Reader: M Pakes, Offertory: M Mayhew/M Geisel Eucharistic Minister: M Geisel

Today's Gospel: In today's Gospel, there are four exchanges between Jesus and the crowd following the miracle of the feeding of the 5000. In the first, the crowd, having followed Jesus to Capernaum, asks a very matter of fact question: "Rabbi, when did you get here?" Jesus replies by naming their motivation in pursuing him. They have been fed. Jesus acknowledges this, yet challenges them to see beyond the fulfilment of their material needs. The crowds have followed Jesus because they have been fed. They ought to be seeking out Jesus because he can give them eternal life. As the second dialogue begins, it seems that the crowd might be on their way to accepting Jesus and his mission. They ask: "What can we do to accomplish the works of God?" Jesus replies that they must have faith in the one sent from God. But in the third dialogue, the crowd reveals their inability to see Jesus' true identity. They ask Jesus for a sign so that they might know that Jesus is from God. How strange this sounds since Jesus has just fed more than 5000 people. What more is expected? But the crowd cannot see beyond the surface of the sign. They show this in their interpretation of the sign that came from Moses. In their description, they identify Jesus with Moses, as if to say, as Moses gave the people manna in the desert, give us a sign so that we will know that you are from God. They are looking to identify a prophet without realizing that God is standing before them. Jesus corrects their misinterpretation, saying that the manna received by their ancestors came from God. As God fulfilled their ancestors' needs in the desert, so God has provided them with food for eternal life. In the bread that they have received from Jesus, they have received physical nourishment and also spiritual nourishment. Jesus wants the crowd to see beyond the surface to the One who provides true nourishment. The conclusion of the dialogue reveals the crowd's blindness. They ask for what Jesus has just told them they have found: "Sir, give us this bread always." Jesus answers plainly that he himself is the Bread of Life they seek. Jesus himself is the Bread of Life who will satisfy every hunger and thirst. *Courtesy Loyola Press*

Parish 150 Club: The July prize draw of the 150 Club was made last Sunday – the winners were Mr J Cleary, Mr & Mrs R Cork and Mr N Beckstead. Full details of the prizes and winners can be found on the notice board in the church porch and also on the parish web site. There are still lots of vacant numbers available for new subscribers, or increased subscriptions for existing members. Application forms are available in the church porch, or you can use the on-line application form on the parish web site.

Alpha Course: The current Alpha course has now come to its conclusion. There will be another course starting in October – details to follow nearer the time. Christian rather than Catholic, Alpha is a series of videos and group conversations that freely explore the basics of the Christian faith in an open, friendly environment. Everyone's welcome - no matter your background or beliefs – and is highly recommended for all to allow further exploration and understanding of Christian teaching and beliefs. Please do consider signing up for the next course, or if you would like to help organise and run the next course, please let Fr Paul or Fr Luke know.

Date for your Diaries: On Sunday 8th September, there will be a parish BBQ in the garden after 10:00 Mass. All are invited. Put the date in your diary now – more details to follow later.

The Sick of the Parish: We ask your prayers for Patrick Doran, Leslie Jermy, Jim Spence, Margaret Ward (née Curry) and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit. Amen.

Our Own Dear Departed: Of your charity, please pray for the repose of the souls of our faithful departed and especially for Stephen Fox (1983), Patricia Jellings (1993), Barrie Johnson (2009), Mary Murphy (1972), Francis Jordan (1958), Frederick Rutter (1986), Ann Glaze (2002), Jacqueline Luzny (1995), Noreen Lawrence (2001), Giuseppe De Dona (2009) and Carole Johnson (2018) whose anniversaries occur about this time.

May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

Our Church Buildings are Houses of Prayer

We are blessed to have three fine Churches serving our two parishes' communities at St Mark's, Holy Family and St Mary Magdalen. Before Mass begins, we are encouraged to be quiet and reflective, reading through the readings, speaking to God and preparing ourselves to celebrate the Mass worthily and well. **Please be mindful of each other by keeping a prayerful atmosphere in our churches and with talking kept to bare minimum during this time to allow each other to pray.**

Remember that the Jesus is Present in the Tabernacle and whilst we remain in His presence we should conduct ourselves with due reverence.