



# PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA  
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## ST. MARK WITH HOLY FAMILY BRANTHAM

St Mark's Parish House,  
180 Hawthorn Drive,  
Ipswich, Suffolk IP2 0QQ

**T** 01473 684963  
**E** [luke.goymour@rcdea.org.uk](mailto:luke.goymour@rcdea.org.uk)  
**W** [stmarksparish.org.uk](http://stmarksparish.org.uk)

The Parish of St Mark includes St Mark's Church in Ipswich  
& The Church of the Holy Family in Brantham (CO11 1TB)

**Parish Priest:**  
Fr Luke Goymour

**Parish school:**  
St Mark's School  
**Headteacher:**  
Dr Michael Keller

**Parish Secretary:**  
Mrs Pat West available on  
Tuesdays from 11 – 1pm  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)

**Local Safeguarding Rep:**  
[lsr@stmarksparish.org.uk](mailto:lsr@stmarksparish.org.uk)

**EUCCHARISTIC ADORATION:**  
**St Mark**  
Fridays 11:40-12:10

**Holy Family**  
Tuesday – 09:20 - 09:50

**PRAYER GROUPS:**  
**St Mark**  
1st and 3rd & 5th Monday  
6:00pm: Adoration  
7:00pm – Praise, worship,  
scripture, reflection in Hall

**CONFESSIONS:**  
**St Mark** Saturdays: 17:00  
and by appointment

**Children's Liturgy:**  
at 11 am on 1st, 3rd and  
5th Sundays of the month.



## ST. MARY MAGDALEN

468 Norwich Road,  
Ipswich, Suffolk IP1 6JS

**T** 01473 741975  
**M** 07414 735102 (txt only)  
**W** [marymagdalens.org](http://marymagdalens.org)

 [@marymagdalens](https://www.facebook.com/marymagdalens)

**Parochial Administrator:**  
Fr Luke Goymour  
**E** [parishpriest@marymagdalens.org](mailto:parishpriest@marymagdalens.org)

**Assistant Priest:**  
Fr Paul Chanh  
**E** [paulchanh@gmail.com](mailto:paulchanh@gmail.com)

**Parish school:**  
St Pancras Catholic Primary  
School, Stratford Road,  
Ipswich, IP1 6EF  
**Headteacher:**  
Mrs Lucille Martin  
**T** 01473 742074

**Offerings:**  
Please consider setting up a  
standing order in favour of the  
parish instead of a weekly cash  
offering. If you can Gift Aid  
your donation, please complete  
a form which you can find in  
the church porch.

**Bank:** Barclays  
**Account Name:**  
St Mary Magdalen  
Roman Catholic Parish  
**Account number:** 70777323  
**Sort code:** 20-44-51

**Catholic chaplain to the Ipswich hospitals:** Awaiting new appointment. Please contact either Fr Paul, Fr Luke or one of the other Ipswich priests if you or a family member are going in to hospital.

## News for St Mark's Catholic Parish

<b>Responsorial Psalm – All nations shall fall prostrate before you, O Lord</b> <b>1st WEEK OF THE YEAR – Year B</b>		
<b>MASS &amp; PRAYER TIMES:</b>		
<b>SATURDAY</b> <b>6/1/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: Ann Harris	<b>Epiphany of the Lord</b>
<b>SUNDAY</b> <b>7/1/24</b>	<b>09:00 Holy Family</b> Offered For: The People of the Parish <b>11:00 St Mark's</b> Offered For: Elizabeth Akande RIP	<b>Epiphany of the Lord</b>
<b>TUESDAY</b> <b>9/1/24</b>	<b>10:00 No Mass at Holy Family</b> (10 am Requiem for Ida James at St Mary Magdalens)	
<b>WEDNESDAY</b> <b>10/1/24</b>	<b>9:30 am St. Mark's</b> Offered for: Joe Stewart	<b>Feria</b>
<b>THURSDAY</b> <b>11/1/24</b>	<b>NO MASS at St. Mark's</b> 10:00 at St. Mary Magdalens	<b>Feria</b>
<b>FRIDAY</b> <b>12/1/24</b>	<b>12:15 pm St. Mark's</b> Offered for: Gordon Waller RIP	<b>Feria</b>
<b>SATURDAY</b> <b>13/1/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: John Harris RIP	<b>2<sup>nd</sup> Sunday in Ordinary Time</b>
<b>SUNDAY</b> <b>14/1/24</b>	<b>09:00 Holy Family</b> Offered For: Angela Murphy <b>11:00 St Mark's</b> Offered For: The People of the Parish	<b>2<sup>nd</sup> Sunday in Ordinary Time</b>

**Sunday Homilies**  
can be listened to again at:  
<https://anchor.fm/fr-luke-goymour> And on all major Podcast platforms just search:  
**Fr Luke's Homilies**

**Alpha Course resumes on**  
**10<sup>th</sup> January 2024**

**Parish Mission Coming Soon!**



**At the Repository** - Calendars and diaries are available from the repository at the back of the church. Please put the money in the red box on the wall beside the repository.

### **FIND, thanks us for our continuing generosity -**

Their current needs are crisp , squash, tinned potatoes, tinned fruit, steak, mince, peas , carrots, and rice pudding. Also Pasta sauce

**Medjugorje 2024** – The pilgrimage to Medjugorje next year is from 19<sup>th</sup> September to 26<sup>th</sup> September. The details are as the successful pilgrimage earlier this year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on [chrismceweneb@gmail.com](mailto:chrismceweneb@gmail.com) or 07967 568852

### **Support a Young Person on a Volunteer trip to South Africa: Iona MacQueen (formerly of our diocese) writes:**

*"I am going on a charity volunteer trip to South Africa. I will be working with children in townships from broken homes and living in poverty. I am so passionate about giving these young people opportunities and spreading God's love, hope and Joy. If you would like to help me, go, you can donate to the following website to help my trip – I would be so grateful!"*  
[www.fundmytravel.com/campaign/Kc2XDm1a4d](http://www.fundmytravel.com/campaign/Kc2XDm1a4d)

**St. Albans** – are seeking to recruit a School Chaplain. For further details visit the school website <https://www.st-albans.suffolk.sch.uk/vacancies>

"**St. Mark's Catholic Primary School** currently has space in their Reception class. If you would like to apply for a place please complete an ADM1 form and a Supplementary Information Form and you can find both of these here: <https://stmarkscatholicprimary.co.uk/admission/> Please return the forms to the school, and do contact the school if you have any queries on 01473 601748 or via email to [admin@st-marks.suffolk.sch.uk](mailto:admin@st-marks.suffolk.sch.uk)"

**Divine Mercy** - Copies of the painting, which was installed and blessed earlier this month are available as prayer cards at the back of church. To see more work by the artist, Ben Goymour, Go to <https://www.bengoymour.com/>

**Please collect used postage stamps for our local hospice ALL YEAR**, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice. Please cut around the stamp leaving just a small border.

**YOUR 100 CLUB NEEDS YOUR SUPPORT - In December the 100 Club raised £173 for the Parish.**

Each year 36 prizes may be won, ranging, in the past year, between a first prize of £95 and a third prize £25, and it costs just £2 per number per month to participate. There are four ways to obtain an **application form to join or take a further number** 1) alongside the annual report on the parish website, 2) at the back of the church, 3) email [mgforsyth@outlook.com](mailto:mgforsyth@outlook.com) or 4) ring Graeme Forsyth on 01206 399049. The next draws are planned to take place on Sunday 21 January 2024 and Sunday 25 February 2024. **REMEMBER, YOU MUST BE IN IT TO WIN IT !**



**Help Your Marriage –** Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about ‘Retrouvaille’ or to register for the next programme commencing with a Virtual weekend on 8 - 11 February 2024 or a Face to Face weekend in Welwyn Garden City on 14-16 June 2024, call or text 07887 296983 or 07973 380443 or email [retrouvailleukinfo@gmail.com](mailto:retrouvailleukinfo@gmail.com) - or visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk)

**A Prayer for Peace –** O God of peace, who are peace itself and whom a spirit of discord cannot grasp, nor a violent mind receive, grant that those who are one in heart may persevere in what is good and that those in conflict may forget evil and be healed.

**National Fast and Prayer Day for life:** On Friday 12th January, the eve of the 27th anniversary of the founding of The Good Counsel Network, please pray and fast for the end of abortion in this Country. Through God’s grace we have seen thousands of Mothers in our counselling centre continue their pregnancies in very difficult circumstances. Please help us to help save lives with your prayers, fasting and support. [www.GoodCounselNetwork.com](http://www.GoodCounselNetwork.com)”

**Parish Mission 18<sup>th</sup> -25<sup>th</sup> February 2024 –** The Sisters from the Community of Our Lady of Walsingham will be coming to Ipswich to run a parish Mission for the first week of Lent. **The Mission will be based at St Mark’s** but will have some events at both **Holy Family and St Mary Magdalens** as well. More info to follow, follow the QR code on page two to be taken to the mission schedule.

## News for St Mary Magdalen Catholic Parish

<i>The Epiphany of the Lord – 7<sup>th</sup> January 2024: Sunday Readings: Liturgical Year B</i>		
<i>Services during the coming week – First Week of the Year, Year II</i>		
Saturday 6 <sup>th</sup> January	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Epiphany of the Lord, offered for the People of the Parish. Reader: I Suttle, Offertory: Hennon Family
Sunday 7 <sup>th</sup> January	8:00 am	Holy Mass offered for the Vieira Family. Reader C Moore, Eucharistic Minister: C Moore.
	10:00 am	Holy Mass offered for Canon Mathew George on his ordination anniversary (foundation Mass). Reader: T Barker, Offertory: Pakes Family, Eucharistic Minister: R Shorten.
<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass prepared and served by Val &amp; Teresa</i>		
Monday 8 <sup>th</sup> January	The Baptism of the Lord	
	10:00 am	Holy Mass offered for the repose of the soul of Rachel Abbott RIP
Tuesday 9 <sup>th</sup> January	Feria	
	10:00 am	Requiem Mass for Ida James RIP
Wednesday 10 <sup>th</sup> January	Feria	
	<b>No Mass Today</b>	
Thursday 11 <sup>th</sup> January	Feria	
	10:00 am	Holy Mass offered for the repose of the soul of Fr Francis Leeder RIP
Friday 12 <sup>th</sup> January	Feria	
	<b>No Mass Today</b>	
Saturday 13 <sup>th</sup> January	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Second Sunday in Ordinary Time, offered for the people of the parish.

**Today’s Gospel:** The visit of the Magi occurs directly before the story of the Holy Family’s flight into Egypt. Matthew’s Gospel tells a version of Jesus’ birth that is different from the one in Luke. Of the actual birth of Jesus, Matthew tells us little more than, “When Jesus was born in Bethlehem of Judea, in the days of King Herod...” The story of the census is

found only in Luke's Gospel, but we hear about the visit of the Magi only in Matthew's Gospel. We know little about the Magi. They came from the East and journeyed to Bethlehem, following an astrological sign, so we believe them to be astrologers. We assume that there were three Magi based upon the naming of the three gifts, but the Gospel does not say how many Magi paid homage to Jesus. In Matthew's Gospel, they represent the Gentiles' search for a saviour and because the Magi represent the entire world, they also represent our search for Jesus. We have come to consider the gifts they bring as a foreshadowing of Jesus' role in salvation. We believe the meaning of the gifts to be Christological - gold is presented as representative of Jesus' kingship, frankincense is a symbol of his divinity because priests burned the substance in the temple and myrrh, which was used to prepare the dead for burial, is offered in anticipation of Jesus' death. The word Epiphany means "manifestation" or "showing forth." Historically several moments in Christ's early life and ministry have been celebrated as "epiphanies," including his birth in Bethlehem, the visit of the Magi, his baptism by John, and his first miracle at Cana. *Courtesy Loyola Press*

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**Fr Paul:** Fr Paul is away travelling home to Vietnam this week, so there will only be one weekday Mass during his absence, on Thursdays, celebrated by Fr Luke. Sunday Masses will be at the usual times during Fr Paul's holiday, and these will be celebrated by Fr Chris Dobson and Fr Luke. Unfortunately, Fr Chris is unable to drive at present, so we are looking for volunteers who can help by picking him up and taking him home. If you can help, please let Michael Long know so we can ensure we have all the weekend Masses covered. Fr Paul will be back with us on Friday 2<sup>nd</sup> February.

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**Parish 150 Club:** The December prize draw of the parish 150 Club was made last Sunday. The prize winners were Mr A Ford, Mrs A Bardwell, Mr & Mrs M Pakes and Mrs D Casey. The third quarter bonus prizes were won by Canon Mathew George, Mr & Mrs R Cork and Mrs J Meldrum. Full details of prize winners can be found on the notice board in the church porch and on the parish web site. The January prize draw will be made in the Garden Room after 10:00 Mass on Sunday 28<sup>th</sup> January. We are always on the lookout for members and there is plenty of room for new joiners. If you are not a member, why not sign up today and help support your parish. Your numbers can then be entered in the next prize draw. Application forms are available in the church porch or, even quicker, you can sign up on-line on the parish web site – just scan the QR code.



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**Help Required:** This weekend we will be taking down the Christmas decorations in the church. If any 8:00 Mass attendees can stay behind for half an hour and help to take down the Christmas tree and the window decorations and any 10:00 Mass attendees can stay behind and help take down the lights from the gallery it would be very much appreciated.

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**Christmas Post:** There are still a few Christmas cards in the post rack in the church porch. Please check the rack before you leave church and take any cards addressed to you as, in previous years, we have sadly had to dispose of several cards that were never collected by the intended recipients.

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**Diocesan Year Book:** The Diocesan Year Book 2024 has now been published, and copies are available in the church porch priced at £3 per copy. A digital copy of the Year Book is also available on the parish web site, from where it can be downloaded or referred to as required. To find the Yearbook on line, simply scan the QR code.



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**Parish AGM:** The minutes of the parish AGM which was held on 18<sup>th</sup> July, 2023, have now been published and can be read on the notice board in the church porch. They can also be found on the parish web site. Scan the QR code to take you straight to them.



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**Catholic East Anglia:** The December edition of Catholic East Anglia, the Diocesan newspaper, is available in the church porch. This is free – please do take a copy home and read it. The edition includes a report on the first Caritas East Anglia Festival and the visit of an East Timor Cardinal to two diocesan parishes. Also included is a report on the new Director of Music for the diocese, a tribute to a renowned Norfolk nun and Bishop Peter meeting all East Anglian school heads for the first time. The newspaper is also available to read on-line on the parish web site – just scan the QR code to take you straight to it.



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**The Alpha Course:** The Alpha course resumes this week after the Christmas and New Year break. The sessions restart next Wednesday, 10<sup>th</sup> January, at 12:30 pm in the St Mary Magdalen Garden Room and at 7:30 pm at St Mark's church hall.

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**First Holy Communion 2024:** The instruction classes for this year's First Holy Communion candidates will begin on Friday 2<sup>nd</sup> February when the class will be held at St Mark's church, Hawthorne Drive, and Saturday 3<sup>rd</sup> February when the class will be held at St Mary Magdalen church. The full schedule of dates for the remaining classes can be found on the parish web site.

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**The Sick of the Parish:** We ask your prayers for Patrick Doran, Sheila Curry and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.  
Amen.*

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**Our Own Dear Departed:** Of your charity, please pray for the repose of the souls of our faithful departed and especially for Albert Richardson (1969), Eleanor Chandler (1983) Hugh Rodger (1997), Vera Johnston (1979), Timothy Downey (1997), Regina "Queenie" Scott (2004), Godfrey Scholfield (2007), Rosiana Evans (2021), Albert Thaine (1977), Rita Aldis (2009), William Taylor (2015), Peter Eaton (2015) and Margaret Howes (1998) whose anniversaries occur about this time.

*May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

Following an ancient tradition; the nativity scenes at St Marks, St Mary Magdalens and Holy Family Church will remain in place until 2<sup>nd</sup> of February, The Feast of the Presentation of the Lord.